

Presented by George Krupinski

The Feeling of Self-Worth; a Parent's gift

www.georgekrupinski.com.au

Thursday, **May 27th**, from 7:30pm to 9:30pm

Well, this is the last of this series of my parenting workshops - I will reintroduce them later this year (when it's a little warmer?) - and I believe this subject is probably the core of the series.

Human beings with the highest level of self-esteem are young children, that is until life starts to 'tinker' with their judgments of themselves and it will be that self-judgment which will influence:

- the job they choose
- the standard of house they will want to live in and,
- the partners they choose.

Will it be the only factor?

No, but it will sway their opinions, powerfully sway their opinions, and therefore needs careful and early parental attention to safeguard this precious foundation of your child's life.

This presentation includes:

- understanding what self-esteem really is;
- the role of parents in the developing self-esteem;
- distinguishing between the concepts of 'Whoness' & 'Whatness', and their impact on self-worth;
- understanding why every child is led from the path of healthy Self-Esteem;
- recognising the destructiveness of 'praise' and its powerful alternative;
- How self-esteem is power;
- 8 clear parent strategies to set children on the path of healthy self-worth.

Self-Esteem is the armour which protects your children from the dragons of life.

Come along, bring your partner and/ or an interested friend to:

The Augustine Centre
2 Minona Court, Hawthorn

Thursday evening, **May 27th**, from 7:30pm to 9:30pm
Admission: \$20 at door

To secure a seat, and for further details: www.georgekrupinski.com.au



I'll look forward to seeing you